



Simon Brown-Lamont

“ I don't call my IB an 'Individual Budget' I call it my 'Independent Budget', because that's exactly what it gives me - independence. ”

“ I used my Individual Budget to start a new and exciting hobby; clay pigeon shooting. My friend drives my car and uses my fuel, and in return he supplies the clays and the shells.

This has allowed me to take part in a sport that not only lets me to compete on an equal level but allows me to meet new people, who treat me as an equal. ”