

What needs to be in a support plan?

The 7 essential criteria for a support plan

Question	The plan should include:	Your plan will not be agreed if:
What is important to you?	All about you: Important people and places Interests and hobbies	It is: Not individual Not specific
What do you want to change or achieve?	Changes you want to make: Your lifestyle Things to achieve Things that need to stay the same Where you live Long term	It is: Not clear Changes are imposed by others Changes would make life worse
How will you be supported?	The help you need: When and where Staying safe and well	There is no detailed plan for support The plan puts you or others at risk
How will you use your individual budget?	Detailed cost for 1 year: How much money for the next two years? Direct Payment, trust, individual service fund or arranged through social worker	You don't say how the money will be spent
How will your support be managed?	How your support will be organised: Contingency plans How will the money be managed? Details of how you will directly employ people if needed	If you don't say how your day to day support will be managed
How will you stay in control of your life?	How you make decisions: How are you involved in decisions if other people help you to make them	Others make decisions that you can make
What are you going to do to make this plan happen?	A clear action plan of who is going to do what	It isn't clear how the support will be delivered